### Joint Seminar on Supporting a Better Work-Life Balance



# "Learn from Abroad"



## University of Indonesia

Date: January 18 (Wed), 2023

Time: 18:00-19:00 (JST) (16:00-17:00 (WIT))

Method: Online Seminar (Zoom Webinar)

Language: English

How to Apply: Please submit the following form by January 16.

https://forms.gle/vQxTsKeCkH6eVNUMA

More than half of faculty members of medicine are female at University of Indonesia (UI). We would like to learn from UI and share our good practices holding a seminar, and seek similarities and differences between us.

### **Program:**

- I. Introduction of Our Current Situations and Support Systems Regarding WLB
- 1. Current Situations of KPUM and Activities of The Miyako, WLB Promotion Center Yoshiko Kaneko, Vice-director, The Miyako, WLB Promotion Center Lecturer, Department of Medical Education, Pulmonary Medicine, KPUM
- 2. Introduction of Current Situation and Best Practices Conducted at UI
  - ❖ Current Situation of Woman Workers and Support Systems at FMUI environment Dewi Soemarko, Department of Community Medicine, FMUI
  - ❖ Practicing Work-life Balance as Ophthalmologist Rita S Sitorus, Professor, Department of Ophthalmology, FMUI
  - **♦ Building an Ophthalmological Career: Learning from Multitasking Experiences**Syntia Nusanti, Department of Ophthalmology, FMUI

#### **II. Panel Discussion**

Theme: Current Situations and Challenges for the Future

Moderator: Yulia Aziza, Department of Ophthalmology, FMUI

Chie Sotozono, Vice-director, The Miyako, WLB Promotion Center

Professor, Department of Ophthalmology, KPUM

Panelist: Rita S Sitorus, Dewi Soemarko, Syntia Nusanti (UI)

Emi Ushigome (Diabetes Therapeutics), Yoshiko Kaneko (KPUM)

Commentator: Miyuki Hashimoto, International Exchange Center, Showa University Chairperson, Diversity Committee, J-MICA

Organizer: The Miyako, WLB Promotion Center, International Academic Exchange Center, Kyoto Prefectural University of Medicine





